SHOW RECIPE

**“Chocolate Beetroot Cake”**

* 275g (10 oz) S.R. Flour
* 65 g (2.5oz) Organic Cocoa Powder
* 220g (7.5oz) Castor Sugar
* 300ml (0.5 Pint) Sunflower Oil
* pinch of salt
* 1 Teaspoon of Vanilla Essence
* 3 free-range eggs
* 250g (9oz) Cooked Beetroot (grated)

For the icing:

* 100 g (3.5 oz) full fat cream cheese
* 125 g (4.5 oz) soft butter
* 200 g (7 oz) icing sugar
* 1 tsp vanilla essence

Sift the cocoa and flour with the salt and the sugar.

Whisk the sunflower oil, vanilla & eggs together until thick. Add the beetroot and mix well with the dry ingredients until it is a glorious purple colour.

Pour into 2 x 7” sandwich tins and bake in a pre-heated oven – no5/190c/375F for about 35minutes or when the cake springs back when lightly pressed. Allow to cool before removing from the tins.

Decorate with a cream cheese frosting, using it to fill the middle and decorate the top of the cake.

**Askham, Helton & District**

**Village Show**

**Patron: Mr Charles Lowther.**

**Schedule and Entry Form**

**Askham Community Centre**

Saturday 7th September 2019

Competition winner at

Lowther Endowed Primary school



The Hall will be open for EXHIBITORS from 8am until  
10.15am and judging will start at 10.30am.

The show will be open to the public from 2pm – 4pm.

Prize giving: 3.30pm followed by the auction of donated produce.

Afternoon Tea and Raffle

All proceeds to the Swimming Pool and the Village Hall

**ASKHAM SHOW SCHEDULE 2019**

|  |  |  |
| --- | --- | --- |
| **FLOWERS**  **A1**-Vase of mixed Sweet Peas  **A2**-3 Sweet Peas – single colour.  **A3**- A Cactus or Succulent  **A4**-Vase of Mixed Perennials  **A5**-Marigolds – 3 stems  **A6-** A Single Dahlia  **A7**-Single Rose  **A8**- Pot Plant- flowering  **A9**- An arrangement of Mixed Flowers, Fruit & Veg with a culinary theme  **JAMS & PRESERVES**  **B1-** Jar of Marmalade  **B2**- Jar of Chutney  **B3**- Jar of Lemon Curd  **B4-** Jar of Jam  **B5**- Jar of Jelly  **B6-** Home-made Fruit Liquor  **B7**- Home -made Pickle  **B8** -Bottle of homemade beer | **EGGS**  C1- Trio of Eggs  **VEGETABLES & FRUIT**  **D1-** Tomatoes (3)  **D2**- Cherry Tomatoes(3)  **D3-** Potatoes (3)  **D4-** Courgettes (2)  **D5**- Onions (2) dressed  **D6**- Beetroot (3)  **D7**- Runner Beans (3)  **D8**- Leeks (2)  **D9**- Cucumber (1)  **D10**- Mixed Herbs in a jam jar  **D11**- Any other Vegetable (20cm plate)  **D12**- 3 Plums or Damsons  **D13**- 3 Dessert Apples  **D14**- 3 Cooking Apples  **D15**- 3 Any other Fruit  **D16**-A Basket, Box or Trug of mixed garden produce. | **PRODUCE & BAKING**  **E1**- Loaf of Brown Bread  **E2**- Speciality Bread  **E3**- Flapjacks (4)  **E4**- Cheese Scones (4)  **E5**- Savoury Muffins (4)  **E6**- SHOW RECIPE- “**Beetroot**  **Cake” (**Recipe – attached)  **E7**- Small Sausage Rolls (4)  **E8**- Battenberg Cake  **E9**- Viennese Whirls (4)  **E10**- Dish of Rum Butter -  Creamed method  **E11** Fudge (6 squares).  **E12**- Lemon Drizzle Cake  (Loaf Tin size).  **E13**- Gingerbread,  (max 8”/20cm square)  **E14**- MEN only -Fruit Tea Bread.  **E15**- Victoria Sponge – Jam  Filled, made in 2 tins.  **E16**- 4 Decorated Cup Cakes  **HANDICRAFTS**  **F1-** Knitted or Crocheted Article  **F2-** A Handmade Bag  **F3- “**Quirky”Tea Cosy  **F4**- Something New from  Something Old  **F5**- Handmade Greetings Card  **F6-** A piece of handmade jewellery  **F7-**Any other hand made  article |

**SCHEDULE- continued**

|  |  |  |
| --- | --- | --- |
| **PHOTOGRAPHY & ART**  (**All Mounted please)**  **G1**- “Caught in the Act”.  **G2- “**Silhouettes”  **G3**- A Sporting Scene  **G4**- A Woodland Scene.  **G5**- A photo of a Pet  **G6-** A Picture in any Medium | **Y0UNG PEOPLE, under the age of 16 years are able**  **to enter any class free of charge.**  **Ages 8-11yrs**  **H1**- A Bug Hotel  **H2 -**A piece of Handwriting.  **H3-** A mini Garden or Jungle in a seed tray or biscuit tin.  **H4**- Chocolate Cookies (4) | **Age 7yrs & under**  **H4**- 4 Homemade Peppermint Creams  **H5** – A “Paper Plate Face”.  **H6 –** A Picture or a Model, of an Insect**.**  **FAMILY ENTRY**  **H7 -** Please make a **SCARECROW** with your family and bring it to the show along with a photograph of your team (in an envelope). |

We are grateful to the following people for their generosity in sponsoring the show in 2018.

Askham Hall, Askham Stores, Larch Cottage Nurseries, Dalefoot Compost, T.W. Relph & Sons, Abbot Lodge, Ullswater Steamers, Sainsburys, The Punch Bowl, Lakeland, Rheged, Mike & Jenny Slee, Felicity Ashcroft, Joe & Helen Dunham.

If you would like to sponsor the show this year or give a prize for the raffle, please contact one of the committee members

Laura Harker: 01931 712168, Mary Westgarth: 01931 712233,   
Linda Collison: 01931 713167, Lynne Moor :01768 606894 or Sarah Thomas: 01931 712819.

Further schedules and entry forms are available on:

www.askhamandhelton.co.uk