

### St Peter's Church Services

Sunday 25th July (Trinity VIII) 11 a.m. Holy Communion - Revd Stewart Fyfe

Sunday 8th August (Trinity X) 11 a.m. Family Worship - Revd Sheila Clark

Sunday 15th August (Blessed Virgin Mary) 11 a.m. Morning Worship - Revd James Bell

Sunday 22nd August (Trinity XII) 11 a.m. Morning Worship - Revd Alan Hurd

Sunday 29th August (Trinity XIII) 11a.m. Joint Holy Communion with Bolton @Askham - SPC/JHB

Sunday 5th September 11 a.m. Family Worship - Revd Sheila Clark

*After six wonderful years we leave Askham Stores today and start our new adventure.*

*We would like to thank you all for the support that you have given us during our time here, we have made some great friends and have had such a laugh but thankfully are staying in the village so we will see you all.*

*We wish the new owners, James and Ian all the best and I'm sure that you will continue to support them.*

*Thanks again, Tracey and Simon xx*

As the new owners of Askham Stores, we would like to say thank you for the lovely warm welcome into the village during our two days of training and handover after our big move up to Askham from Reading and we are very much looking forward to being part of the village community. We know that Simon and Tracey will be greatly missed after their six years running the store and we will try our best to match their excellent level of service.

Askham Stores will reopen on Tuesday 20th July with new opening hours of

Monday to Saturday 8 am to 6 pm

Sunday 9am to 4pm

We look forward to welcoming you into the store very soon.

James & Ian

### THE PUNCHBOWL

Following the recent easing of restrictions you are now able to take a table inside at the Punchbowl Inn as well as in the extensive outdoor seating areas.

A fantastic new menu is now available and food is served EVERY DAY from 12 noon until 3 p.m. and from 5 p.m. to 9 p.m. Simon and the team look forward to welcoming you soon.

Please send items for inclusion in future editions of this Newsletter (next one will be late AUGUST 2021)

Alex Wilkinson, Scar View 01931712367 email to [AHNewsletter@mail.uk](mailto:AHNewsletter@mail.uk)

## Askham and Helton Village Newsletter

JULY 2021

Today, 19th July, is the day that many of us have been looking forward to, "Freedom Day", when we expected that we would see the resumption of many more events and activities. It appears, however, that it will be some weeks before we see major changes to the way we have been living for the past months. This newsletter has some information about current planned activities and you will hopefully find it useful.

Should you venture to the "top" of the village at Townhead the verges have had an amazing display of wildflowers and grasses which have occurred naturally and have continued to give a wonderful show since early June.

Big changes to our village when Simon and Tracey move on from six years at Askham Stores to begin a new venture in Penrith but we look forward to continue to see them around and about as they are staying in the community and moving to School Hill. We also welcome James and Ian who will be replacing them in Askham Stores. There are more messages and information later in this newsletter.

You may have noticed that the telephone box across the road from the stores has been spruced-up. This is thanks to Lauren Holt who has been staying here during lockdown but will be moving on to a new career in London in mid-August. As a parting gift she contacted BT and requested that our very special "K6" telephone box, which is listed, receive some TLC. These were introduced by the Post Office in 1936 and are now quite rare. Our own box is also one of the few remaining which still has a telephone! (Payment for calls by card only). Many thanks to Lauren and Best Wishes in her future career.

Keeping in touch is so important and the Askham and Helton Residents and Friends FaceBook page is an excellent way to communicate and has a very extensive membership. The village website is updated regularly with Parish Council minutes, Community Centre news etc. See [www.askhamandhelton.co.uk](http://www.askhamandhelton.co.uk)

Alex Wilkinson, Scar View 01931712367 Please email newsletter items to [AHNewsletter@mail.uk](mailto:AHNewsletter@mail.uk)

### PARISH COUNCIL NEWS

Charlene Bell who is Clerk to Askham and Helton Parish council as well as several other Parish Councils in other local areas has given her notice so the post is due to be advertised.

If you are interested in applying for this post or have any queries, please get in touch with any Parish Council member.

## ASKHAM AND HELTON VILLAGE SHOW

You should have, by now, received your schedule for the annual village show which will take place this year on Saturday 4th September. You can expect baking, gardening, crafts, preserves, photos and children's sections. Please support the show with entries and offer to help to set up the hall, steward on the day, in the café or sell raffle tickets. The following help is required: cakes donations for the café, raffle prizes and contributions for prizes. Offers of help please to: Laura Harker 712168; Linda Collison 713167; Sarah Thomas 712819; Mary Westgarth 712233; Sarah Banks 712801

Further schedules are available on the village website or paper copies from Sarah Banks at Glebe House. If you have any queries, please contact [laura.harker.lh@gmail.com](mailto:laura.harker.lh@gmail.com)

### ASKHAM SWIMMING POOL

Since opening, the swimming pool has been enjoyed by many people this year thanks to a dedicated team of volunteers who spend some time most days to provide this wonderful community facility.

From 19th July restrictions on the number of swimmers allowed in the pool at any time will be raised but even with a season ticket you must pre book a place for a swimming session no more than one week in advance. Each swimming session will remain at 90 minutes.

Should all swimming places not be pre-booked for a session then there may be places available for anyone just turning up but this can not be guaranteed!

An application form for season ticket and explaining all information is now available in Askham Stores and completed forms should be returned to the village stores or swimming pool reception.

However, ONLINE BOOKING for a season ticket and also to book a swimming place is available now at [www.ticketsource.co.uk/AskhamCC](http://www.ticketsource.co.uk/AskhamCC) Please look for the "season ticket" and, once you have purchased you can start to book your swimming session.

From this website you are able to purchase a season ticket and also pre-book a swimming session. If you'd like further information, terms and conditions etc then please have a look at the Swimming Pool section at:

[www.askhamandhelton.co.uk](http://www.askhamandhelton.co.uk)

And a reminder that the Swimming Pool also has its own Facebook page with up to date information

**OPENING TIMES** (places must be pre-booked unless the session is not full)

**Every day Sunday to Saturday inclusive 12 noon to 6 p.m.**

**Wednesday Morning 6.30 a.m. to 7.30 a.m. Earlybird adult swim** (additional payment of £4.50 in cash unless you hold a season pass when its free of charge)

**Tuesday and Thursday 6 p.m. to 7 p.m. Adult Only Swim** also included in your season pass or pay

PLUS:

**AQUAFIT** (private class run by Pauline on Saturday morning at 10.30 a.m. *See next page*)

Please see the next page of this newsletter

## EXERCISE CLASSES by Pauline Ireland

Thank you so much for the many people in the community who are attending and supporting the fitness classes and I hope that you're enjoying them as much as I am teaching them.

I love people's enthusiasm and commitment, even though at times we don't feel in the mood to exercise, once we come together as a group, see our friends, put the music on, we often feel much better and motivated afterwards.

Everyone's reason and journey to exercise is different.

I will always make you feel welcome, ensure you have fun and feel better when you leave.

Please do contact me if you'd like to join our friendly community classes.

Monday - Move It or Lose It -10.30 am

Monday - Toning upper and lower body - 6.30 pm

Tuesday - Beginners to Exercise - 6.30 pm

Wednesday - Stretch and Core - 6.30 pm

Thursday - Balance and Core - 6.30 pm

Saturday Morning in the Pool AQUAFIT 10.30 a.m. to 11.15 a.m.

To book 07788979640 or email [paulineireland291@yahoo.com](mailto:paulineireland291@yahoo.com)

For further information on start dates or to book a place on one of the above classes,

email [pauline.ireland@moveitorloseit.co.uk](mailto:pauline.ireland@moveitorloseit.co.uk) tel. [07788979640](tel:07788979640)



## THE ASKHAM HALL GARDENS AND CAFE

Please be advised that due to the full resumption of the wedding season and the exceptional circumstances at present, our cafe opening days have now changed for the remainder of this year.

We are currently open to the public each week from Sunday to Wednesday 11 am to 6.30 pm, but closed to the public from Thursday to Saturday.

Thanks you for your understanding and we hope to see you soon!

The accommodation and restaurants at all our 3 properties Askham Hall, the Queen's Head Askham and the George and Dragon continue to be open as normal, please refer to our website:

[www.askhamcollection.co.uk](http://www.askhamcollection.co.uk)

for full details.