

Season's Greetings from all at Askham Stores!

If you haven't stopped by in a while, be sure to come and see our latest stock of local gins, supplied from Chestnut House in Pooley Bridge. If you're in need of a last minute Christmas gift, we have a selection of Pure Lakes products - a natural, handmade skincare company based in Staveley. The Grapefruit & Lemongrass hand sanitiser has already been a huge success in store. We now stock More? Sourdough Bread, again based in Staveley. The bread is delivered fresh on a Friday morning, so if you would like any keeping aside, please be sure to let us know in advance as it sells out pretty quickly. The jams and chutneys from the Keswick firm Wild & Fruitful have continued to be a popular seller and can now be purchased in a smart gift box, making a lovely present. You may also notice that we have finally moved away from plastic bags which have been replaced with a 'branded' paper carrier. The stores new logo will feature on coffee cups in the new year, along with the arrival of a new coffee machine at the end of January. Watch out for a promotional flyer hitting your doorsteps soon with a 10% discount voucher to be redeemed in store during the month of January. We hope to see you very soon

Please see below for Askham Stores opening hours over the Christmas period...

Christmas Eve (Friday): 8am - midday

Christmas Day (Saturday): Closed

Boxing Day (Sunday): Closed

Monday 27th December (Bank Holiday): 9am - midday

Tuesday 28th December (Bank Holiday): 9am - midday

Wednesday 29th December: 8am - 4pm

Thursday 30th December: 8am - 4pm

New Year's Eve (Friday): 8am - midday

New Year's Day (Saturday): 9am - midday

Sunday 2nd January: 9am - midday

Monday 3rd January (Bank Holiday): 9am - midday

The store will be supporting Askham Coffee Shop for their Christmas lunch at the Village Hall and will therefore be closed for an hour from 12pm until 1pm on Tuesday 14th December. **Wishing all of our customers a Merry Christmas and a Happy New Year from James and the team at Askham Stores.**

Keeping in touch is so important and the Askham and Helton Residents and Friends Facebook page is an excellent way to communicate and has a very extensive membership. The village website is also updated regularly with Parish Council minutes, Community Centre news etc. See www.askhamandhelton.co.uk. If you'd like to contribute to future newsletters please get in touch. Alex Wilkinson, Scar View 01931712367 Please email newsletter items to AHNewsletter@mail.uk

Askham and Helton Village Newsletter

DECEMBER 2021



This will be the last community Newsletter of 2021 with information about Christmas events.

The Parish Council met on 7th December and there were several items for discussion and information. Eden District council car parks will be free of charge on Saturdays leading up to Xmas and into early January. The opinions of residents of Helton will be collected regarding the regularity of grass cutting. A small number of compact trees will be planted on suitable sites around Askham. The car park and access at the village hall has been greatly improved and improved signage is to be installed. The PC agreed a small donation to support the continued Fellrunner Bus service. Keep fit equipment has been purchased for community use in the village hall.

Future discussion will take place to plan celebrations of the Queens Platinum Jubilee in 2022. Minutes of the meeting can be found at www.askhamandhelton.co.uk

Details of any items council business can always be sought from any member of the Council. The clerk can be contacted at lakesclerk@icloud.com or in writing at

Mrs Sandie Watson, Rundale, Dufton, Appleby-in-Westmorland, CA16 6DF

The next PC meeting will take place at **Lowther village hall** on Monday 24th January at 7 p.m.

ASKHAM and DISTRICT COMMUNITY CENTRE

The Coffee Shop has now closed for 2021 and will re-open in February 2022 as soon as the refurbishment of the main hall has been completed. Congratulations to the Coffee Shop Team who have raised a good proportion of the funds necessary to enable this to happen and also to the many customers for their support and generosity. The Christmas lunch on Tuesday, 14th December is fully booked.

The Hall will close on Wednesday 22nd December. Help is needed to move the contents of the storerooms into the small hall ready for the refurbishment to start in early January. The move will take place on Tuesday, 28th December at 10.00 and should take a couple of hours. If you could give some time to help, please phone Mike on 01931 712 834 (mdrslee@gmail.com). It would be much appreciated.

In early January, weather permitting, a drain will be installed at the main entrance and the soil pipes re-laid. The area will then be re-surfaced to complete the car park project.

ASKHAM HALL The café is now closed for winter. See our website for special dining deals and last minute availability.

ST PETER'S PARISH CHURCH NEWS

Date	Time	Type of service	Venue
Sunday 5th December	11am	Family Service. 11am.	St Peter's Askham
Sunday 12th December	11am	Joint Holy Communion	Cliburn Church (with Rev Stewart Fyfe)

There will be no service in St. Peter's Church, week of the 12th December.

Sunday 19th December	11am	Carol Service..	St Peter's Askham with Rev Sheila Clark.
Friday 24th December	5pm	Crib Service	St Peter's Askham with Mrs Carolyn Fyfe.

The Crib Service is lovely, especially for the Children, unfortunately this service had to be cancelled last year due to the pandemic . We are now getting back to some sort of normality so please come and join us, as we start to celebrate the birth of baby Jesus.

Saturday 25th December	11am	Christmas Day Eucharist	St Peter's Askham with Rev Sheila Clark
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Everyone welcome to come and Join us to celebrate the birth of Jesus.

Sunday 26th December	11am	Joint Holy Communion.	First Sunday of Christmas. Clifton Church with Bishop J Bell / KMcB
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Other Church news

Sad & Happy news for Askham with Lowther Parishes.

In October, our Rural Dean told us that he is leaving the Benefice to move to West Cumbria to job share with Archdeacon, The Right Reverend Richard Pratt. This is a very Happy and deserving change of work for the Rural Dean and we, as a PCC, wish him all the best for his future in West Cumbria. We are very grateful to Stewart and family for all have done to keep our rural parishes going and in some cases thriving!

We also send Carolyn his wife and family our good wishes for the years to come. It will be difficult for them to move after being in Morland Vicarage for nearly 12 years. Anyone who would like to join the PC C in helping to give him a nice gift when he does leave us, can donate in an envelope to either

Rena on 712 917 or Juliet on 712 936 or Lyn Cole on 712 448

THE HEALTH BARN would like to wish all our friends a Happy Christmas and invite everyone for free Hot mulled wine and mince pies around the Askham Christmas Tree on **SUNDAY 19TH DECEMBER at 5.30 p.m.** We also have Gift Vouchers available now on our website www.thehealthbarn.co.uk



The PunchBowl Inn is planning to continue to serve meals over the Christmas period and is hoping to open for drinks only from 12 noon to 3 p.m. on Christmas Day. Contact Simon to book meals etc 712443

In 2022 **SHAPPY WHEELS Fish and Chips** will be coming to the village hall car park every two weeks on Wednesdays 16:30 to 19:00

5th and 19th January; 2nd and 16th February; 2nd and 16th March.

See the Askham and Helton website and the notice board for full dates

Community Fitness classes - Thank you to all those people in the community that have supported the classes, I hope they are making a difference to your health. Each week I see around 40 people just within our community, which is great news. Winter can be the hardest time to stay motivated to exercise, but making the effort to join a class can be rewarding, the one bit of feedback I get is that exercising together makes such a difference to motivation as well as having an open, friendly, welcoming group of people.

Whilst Askham Village hall is getting refurbished classes are relocating to Bampton Hall from 3rd Jan until 21st Feb. Do think about sharing transport to get there.

Anyone in Bampton wishing to join the classes please email me paulineireland291@yahoo.com

The last classes in Askham Village Hall for December will be Move It or Lose It - Mon 20th December 10.30am

Return Mon 3rd Jan at **BAMPTON Village Hall**

Stretch and Tone - Monday 20th December 6.30pm - Returns on Monday 3rd Jan - **ONLINE Class** until our return to Askham in Feb.

Beginners Class - Tuesday 14th December 6pm - Return Tues 4th Jan at **BAMPTON Village Hall**

Core & Stretch, Balance - Thursday 23rd Dec ON LINE - Return Thursday 6th Jan at **BAMPTON Village Hall.**

Keep an eye out for some home exercises I'll be putting on Askham and & Helton Facebook, over Christmas, if you're not on Facebook send me an email I can send them through.

Have a wonderful Christmas and 'Keep Moving' Pauline xx